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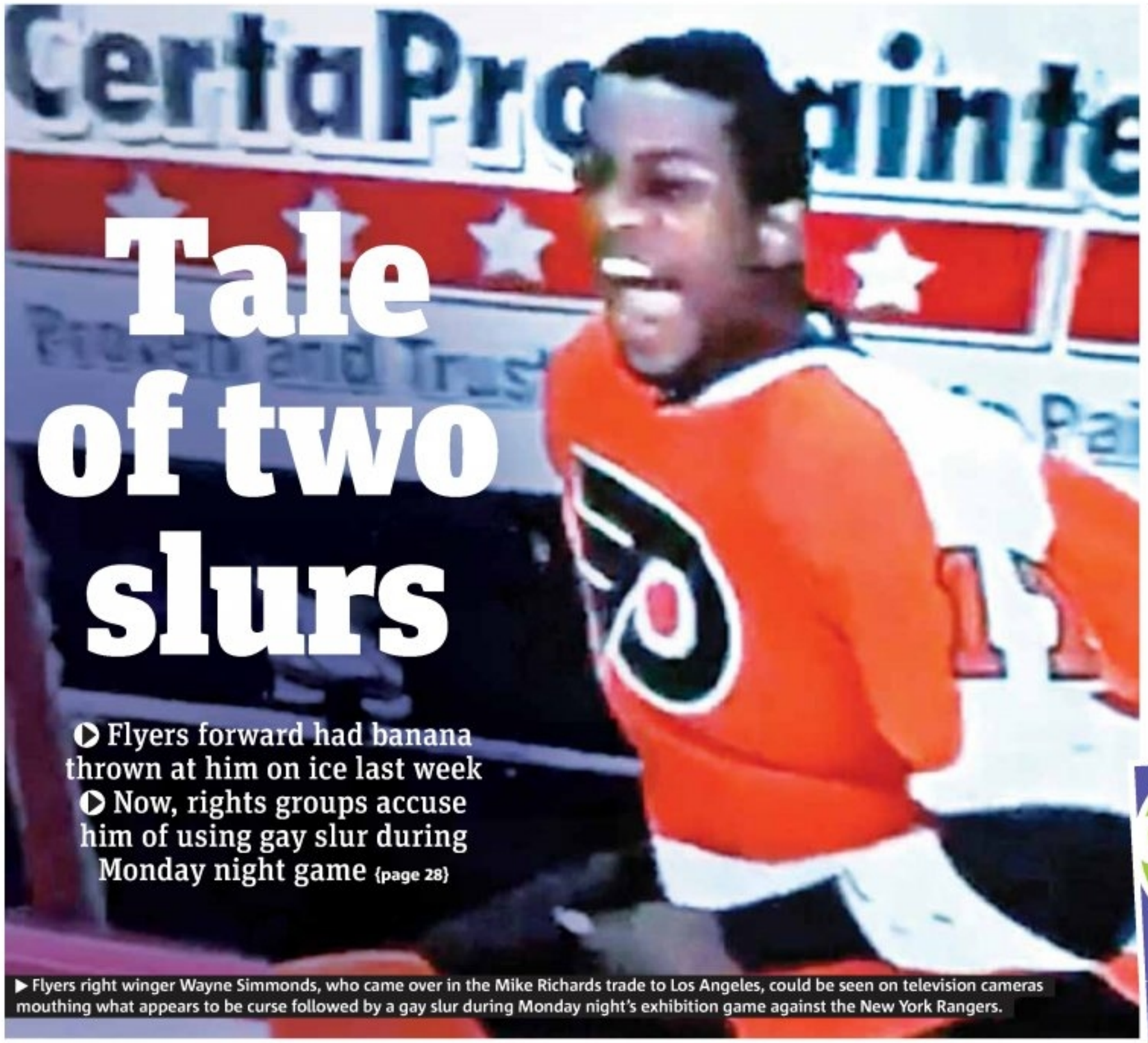

Tale of two slurs

- Flyers forward had banana thrown at him on ice last week
- Now, rights groups accuse him of using gay slur during Monday night game {page 28}

▶ Flyers right winger Wayne Simmonds, who came over in the Mike Richards trade to Los Angeles, could be seen on television cameras mouthing what appears to be curse followed by a gay slur during Monday night's exhibition game against the New York Rangers.

News

Court sees photos of MJ's body

- Manslaughter case against Michael Jackson doc begins
- Murray lawyers say pop star 'caused his own death' {page 08}

Moving with Grace?

Who was the real star of 'Dancing with the Stars' the other night? {page 09}

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SEPTA: Rules followed in OC spray death

Authorities are still awaiting autopsy results for a man who died in SEPTA police custody following an altercation Friday night.

SEPTA police responded to a report of a person stealing copper wire near the Wayne Junction Station in Germantown and found the 49-year-old suspect. As the officers tried to apprehend the suspect, he allegedly fled and fell down a hill. When he continued to resist officers, one of them to sprayed him with pepper spray, officials said.

The man was transported to Albert Einstein Medical Center where he was pronounced dead.

As is SEPTA policy, both officers have been placed on restricted duty, pending the outcome of the investigation, which is being handled by Philadelphia police. A SEPTA spokesperson said yesterday, however, that the officers complied with proper procedure.

"The officers followed all proper and appropriate procedures in discharging their OC spray," Jerria Williams said.

SOLOMON D. LEACH

RIKARD LARMA/METRO

▶ A man was confronted on the tracks.

No buffers for halfway houses?

Zoning hearing taken over by issue of 're-entry facilities' New code provision would erase buffer zone previously required for halfway homes

Philadelphia's zoning code drama dragged on yesterday as public testimony wrapped up in City Council. About 20 residents from Southwest Philadelphia gathered in the back of the room and held signs protesting a planned halfway house — technically called a re-entry facility, but which they called a "private prison" — in Grays Ferry.

"If you take a prison and inject it into any area, it's going to be like putting a cat in a room full of rats," said self-identified community representative James Harrison, who testified on behalf of the Southwest Coalition of Community Neighborhoods. "Everyone else is going to scurry away."

Members often became restless. One woman interrupted the meeting with a cry of: "Don't forget about us, Jannie!"

The response seemed to catch Councilwoman Blackwell off guard.

"We have been very pleased with the progress and held zoning code meetings in my area," she said. "I was surprised when community members who attended these local meetings had questions."

"I am concerned that the zoning code would reduce the amount of variance, but not require developers to provide community notification on other issues."

Though the debate is not new — residents protested in February after the planned facility won a five-year zoning board approval — new language in the proposed zoning code would make this kind of development easier to build and harder to fight.

RIKARD LARMA/METRO

▶ Blackwell was taken by surprise by constituents' complaints over new zoning proposals.

GOT AN OPINION? POST YOUR COMMENTS: WWW.METRO.US/PHL

No buffer for re-entry facilities

The current zoning code puts re-entry facilities in the same class as prisons, which are prohibited from locating within 500 feet of a residential neighborhood. The new zoning code would create a separate category for re-entry facilities not subject to the same buffer.

"Prison halfway houses produce nothing and buy very little from the local economy," said advocate Lillian Davis. "It's not right. Us old people, we make the community. Why should we have to suffer for these prisoners who broke the law?"

ALEX WIGGLESWORTH
awigglesworth@metro.us

▶ Scene from ad

GOP ad pulls no punches

CITY HALL. City Council candidate Michael Untermeyer has created a new campaign video, "Sleeping City Council." The short takes aim at Council for failing to pay attention while wage taxes rise and violent schools fail. Particularly bizarre is a scene in which an actor vaguely resembling Mayor Michael Nutter chats up an attractive blond woman. METRO/AW

Suspect ID'd in triple shooting

SOUTH PHILADELPHIA. Police announced yesterday that they have a suspect in Sunday night's triple-shooting that injured four people in Point Breeze, including a 6-year-old.

Charles Rice, 17, is wanted. His last known address is the 1600 block of South Orkney Street. METRO

In the news

Lawyer admits to stealing

A former Philadelphia lawyer pleaded guilty yesterday to stealing from his clients and his law firm. Jeffrey Abramowitz, of Plymouth Meeting, admitted to lying about investing a client's settlement and forging his signature and depositing funds in his personal account.

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What's the best place to find out what you need to know? Your local Red Cross.
Here are some tips to get you started.

GET A KIT

A well-stocked emergency preparedness kit should contain enough supplies to last you for three days. Some of the things you'll need:

- Water
- Food
- Flashlight
- First Aid Kit
- Radio & batteries
- Tools
- Clothing
- Copies of identity cards and important papers
- Sanitary items
- Cash
- Contact information

MAKE A PLAN

It's so low-tech, it's no-tech. But writing down what your family needs to know and do in an emergency could make the difference between disaster and survival. For example:

- Talk with your family. Set responsibilities for each member of your household and plan to work together as a team.
- Plan ahead. Choose places to meet if a disaster scatters your family.
- Learn essential actions. Everyone should know how to turn off electricity, water, and gas.
- Tell everyone where emergency supplies are kept.
- Practice evacuating your home twice a year.
- Include your pets. If you must evacuate, know what you need to do to take your pets with you.

BE INFORMED

In an emergency, information can be the most powerful life-saving tool of all. So arm yourself with it.

- Learn what disasters—like floods or tornadoes—are likely to affect where you live or work.
- Identify how local authorities will contact you. And where to get important information in the event of a disaster.
- Find out what you can do. To learn about simple first aid techniques, CPR, and basic disaster training, contact your local Red Cross. Make sure at least one member of your household is trained in first aid, CPR, and the use of an automated external defibrillator (AED).
- Share what you learn with family, friends, and neighbors. Encourage them to be informed too.

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READY PHILADELPHIA Or Not?

Spying on wife in digital age

CHESTER COUNTY. An allegedly overbearing ex-husband was arrested Monday night after he allegedly stalked his ex-wife using computer spyware, according to reports.

Jay Anthony Ciccarone, 39, of Tredyffrin Township allegedly used a keystroke program called "Web Watcher" to remotely monitor the woman's Internet activity.

Police discovered the program after Ciccarone's ex claimed that her daily activities were somehow being monitored and they completed a forensic examination of her computer.

An arrest warrant was issued earlier this month.

Ciccarone is reportedly being charged with unlawful use of a computer and related offenses. He was arraigned Monday night and released on bail.

ALEXANDRA WIGGLESWORTH

Christie speaks in California

The Chris Christie hype train roared into California last night when the New Jersey governor gave a speech last night at the Ronald Reagan Presidential Library — the same place a Republican debate made headlines recently for cheers over the death penalty.

For the past 48 hours, speculation has reached hysteria levels over the GOP darling's chances of jumping into the muddled Republican presidential primary race. Reports have indicated that big GOP donors have lobbied for another candidate after Texas Gov. Rick Perry stumbled badly several times in last week's debate.

Christie, for his part, has continued to say he's not interested in running in 2012 against President Barack Obama. BRIAN X. MCCRONE

Queen Village drug ring busted by feds

Cocaine, crack cocaine were narcotics allegedly pushed by 15 suspects
Feds say ring distributed street-level quantities of illegal drugs over two year span
Suspects face operating drug house out of apartment building

▶ The Queen Village neighborhood has been rid of one alleged drug dealing ring.

Fifteen people were arrested yesterday as part of an alleged drug trafficking ring in Queen Village, federal authorities said.

The ring was allegedly based in the Courtyard Apartments-Riverview near Fourth Street and Washington Avenue, and operated on Christian Street between Fifth and Seventh. From March 2009 and Aug. 2011, authorities claim the group distributed more than 500 grams of cocaine and 280 grams of crack cocaine, including purchases made by informants and undercover narcotics officers.

Mayoshi Sanders, 36, has been charged as the ringleader, and Alfred Jenkins, 43, as Sanders' cocaine supplier.

According to authorities, Sanders and his accomplices used several apartments in the public housing complex to mix and store their supply, which also included heroin, marijuana, Oxycodone, and Alprozalam.

"The residents who reside in the area ... deserve to live in an area which is free from the negative quality of life consequences associated with illicit drug dealing."
U.S. ATTORNEY ZANE MEMEGER

SOLOMON D. LEACH
sleach@metro.us

Airport delays to decrease somewhat, someday

SOUTH PHILADELPHIA. The Philadelphia International Airport is preparing for a major expansion project that will cost $5.4 billion over the next two decades and the Federal Aviation Administration has pledged nearly $600 billion. The project consists of adding a runway and extending two runways that are already in use.

When construction is complete, PHL will have a total of four east-to-west runways and a runway running north to south. It is expected to decrease delays by five minutes in 2025. Without the additions, 2022 forecasts show that the airport will experience approximately 20 minutes of aircraft delay. By anticipating such delays, the project will cut down on the amount of delay time and increase capacity. KARI BESTRYCKI

$595M
Federal funding released this week for the airport expansion plan over the next decade

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CITY SPORTS

Quest to hail disabled cabs

Longtime taxi company owner looks to expand into underserved portion of commuters Wants to start fleet of cabs equipped for physically disabled riders

The city of Philadelphia has been without cabs accessible to the physically disabled for 20 years. One man is trying to reach out to those who haven't been able to hail a taxi.

Everett Abitbol is no stranger to the taxi industry. As a partner of PHL Taxi company, he has previously overseen 200 vehicles on the road and successfully brought Freedom Taxi to Chicago and New York.

Abitbol's goal is to bring an accessible and environmentally friendly fleet to the city.

WRITE TO METRO:
LETTERS@METRO.US

Freedom Taxi is an on-demand service. Other companies that assist people with disabilities have a long lead time. "It typically takes three to four hours of transportation time to start their day," Abitbol said.

And Abitbol said the name, Freedom Taxi, has a special meaning for passengers as well as the city.

"[My company] provides disabled people the ability to be free outside their homes," Abitbol said.

A disabled passenger will have exclusive use of the cab, but Abitol added that service will extend to other passengers, such as friends and relatives.

Why has it taken 20 years to get a handicap-accessible fleet on the streets of Philadelphia? Abitbol blames the cost. "You have to be willing to make a leap of faith and buy more expensive cars with up-to-date technology, instead of buying cheaper ones," Abitbol said.

RICARD LARMA/METRO

▶ Abitbol wants to open taxi rides to the physically disabled.

Hurdles for PPA approval

Currently waiting on approval from the Philadelphia Parking Authority, Abitbol believes the holdup has to do with fear of change and the fact that no one has ever approached the PPA with such a big demand. "Introducing new technology is a big hurdle," Abitbol added.

By Sept. 30, Abitbol is hoping the Freedom Taxi petition will pass, but the PPA has not given an exact time line. "We are asking the PPA to allow us to have 100 cars on the road. If all goes well, we will hopefully get excess of 250 cars by 2012," Abitbol said.

KARI BESTRYCKI
letters@metro.us

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Newest iPhone coming?

SAN FRANCISCO. Apple looks set to unveil its much-awaited new iPhone next week. Analysts say it will have a bigger screen and work better with remote computing services.

Apple invited media yesterday to a "special event" called "Let's talk iPhone" on Oct. 4 at its Cupertino, Calif., headquarters — an unusual location for a company that typically introduces major products at larger venues in San Francisco.

An Apple spokesman would not provide further information.

This would be the first major product launch under Tim Cook, who took over full-time as chief executive after co-founder Steve Jobs resigned last month. REUTERS

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Magic beans? Coffee gals less depressed, study says

▶ Women in the top fifth of caffeine consumption had a 20 percent lower risk of depression than women in the bottom fifth.

◗ Lady latte lovers more happy than their abstaining counterparts ◗ Also: Chemo OK for pregnant mothers

Women who drink four cups of coffee a day are 20 percent less likely to become depressed than women who rarely drink coffee, U.S. researchers say.

Caffeine is the most frequently used central nervous system stimulant in the world, and coffee consumption accounts for about 80 percent of caffeine use.

Drinking coffee offers a boost of energy and a lift in well being, said Alberto Ascherio of Harvard School of Public Health.

"This short-term effect is what drives the consumption of caffeine," said Ascherio, whose study appears in the Archives of Internal Medicine.

His team studied more than 50,000 women enrolled in a health study of nurses. The women had an average age of 63, and none were depressed when they enrolled in the study.

Ascherio's team measured coffee consumption based on data on the women for 14 years dating back to 1976. They then classified the women according to how much coffee they drank and followed them for an additional 10 years.

"We found that those women who regularly drink four or more cups of coffee a day have 20 percent lower risk of developing depression than those who rarely or never drink coffee," Ascherio said. REUTERS

More for moms

Treating pregnant cancer patients with powerful chemotherapy drugs appears not to harm their unborn children, but pre-term delivery to avoid subjecting them to chemo does, according to a study by cancer experts.

▶ "The data suggest the children suffer more from prematurity than from prenatal chemotherapy," said Dr. Frederic Amant.

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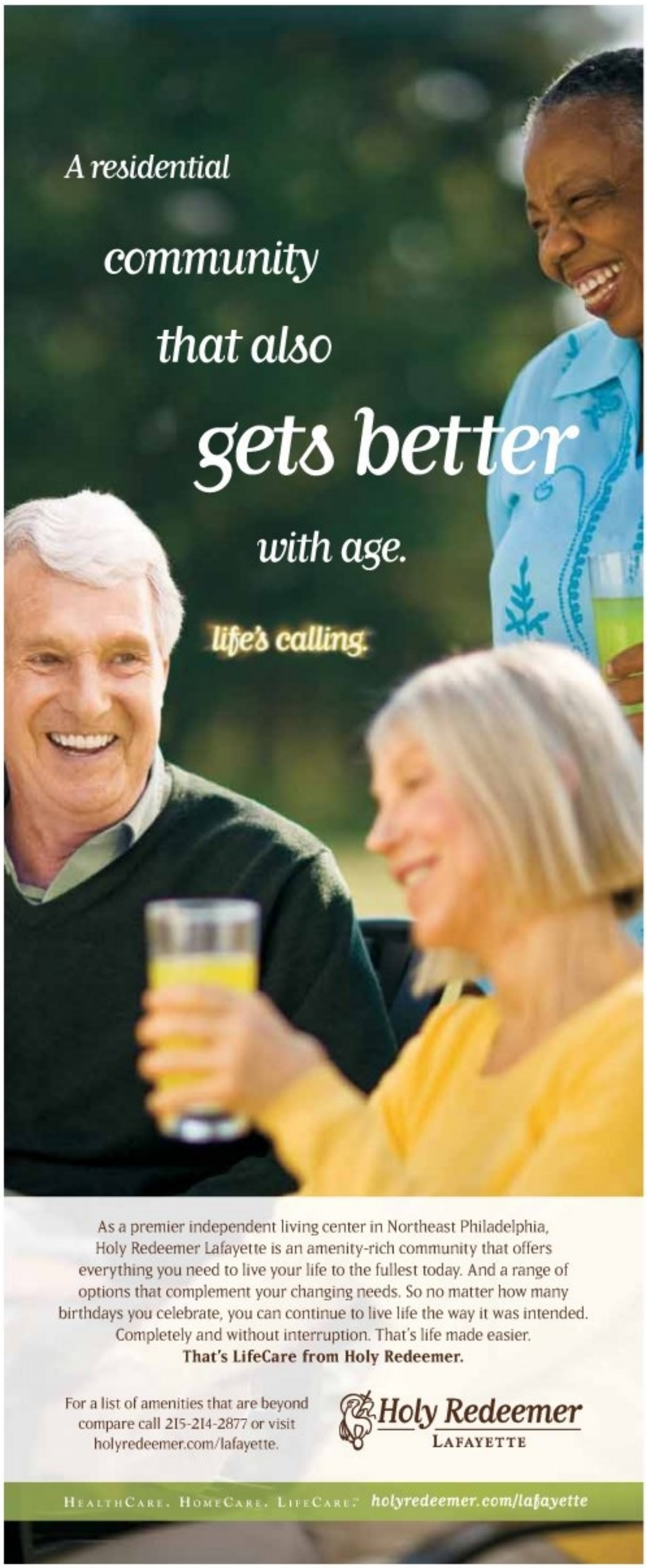

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An epic battle for re-election

MANCHESTER, N.H. President Barack Obama faces a "titanic" struggle to win re-election in 2012 given the persistently high unemployment and bitter partisan battles in Washington, his senior campaign advisor said yesterday.

Strategist David Axelrod also warned of a new "Gilded Age" in the United States in which special interests can use massive campaign donations to "buy" politicians.

"We have the wind in our face because the American people have the wind in their faces," he said. **REUTERS**

MJ doctor trial off to emotional start

- Prosecutors show picture of dead Michael Jackson
- Murray faces up to four years in prison if convicted

Grim photos of Michael Jackson lying dead in a hospital bed juxtaposed with a picture of the "Thriller" singer rehearsing the day before his demise brought an emotional opening yesterday to the manslaughter trial of the doctor hired to care for him.

In opening arguments two years after Jackson's sudden death by drug overdose, prosecutor David Walgren told jurors that the pop star "literally put his life in the hands of Dr. Conrad Murray."

"That misplaced trust in the hands of Conrad Murray cost Michael Jackson his life," Walgren added.

But Murray's lawyers argued that Jackson "caused his own death" by giving himself extra medication. "He died so rapidly, so instantly, he didn't even have time to close his eyes," defense attorney Ed Chernoff said in opening arguments.

AL SEIB/POOL/REUTERS

▶ An image seen in court shows Michael Jackson practicing on June 24, 2009, and on June 25, 2009, lying in the hospital.

Murray has pleaded not guilty to the involuntary manslaughter of Jackson on June 25, 2009, but faces a prison sentence of up to four years if jurors find he is ultimately responsible for the pop star's death due to inadequate care. The trial is expected to last four to six weeks.

The Texas cardiologist, who was getting $150,000 a month to care for Jackson, wiped away tears during yesterday's opening statements as attorney Chernoff defended him. **REUTERS**

Insurance premiums climb faster in 2011

The cost of health insurance continues to climb for companies and workers, with annual family premiums this year growing at a pace triple that of 2010 and outpacing wage increases, according to a survey.

As the U.S. continues to grapple with a stubbornly weak economy, family premiums in employer-sponsored health plans jumped 9 percent this year and single premiums rose 8 percent, compared with 2010's 3 percent and 5 percent, the Kaiser Family Foundation's annual study, published yesterday, found. **REUTERS**

> **"Even with a 5 percent increase in a premium this year, they didn't get a 5 percent raise."**
> **JEFF FRANCK, COMPENSATION AND BENEFITS MANAGER AT ALTRU HEALTH SYSTEM**

Better look at supercookies

Two leading lawmakers on privacy have asked the Federal Trade Commission to look into MSN.com and Hulu.com's installation of cookies onto users' computers that cannot be deleted. Reps. Joe Barton and Ed Markey asked FTC Chairman Jon Leibowitz what plans the agency had to probe the use of the so-called supercookies. **REUTERS**

myentertainment

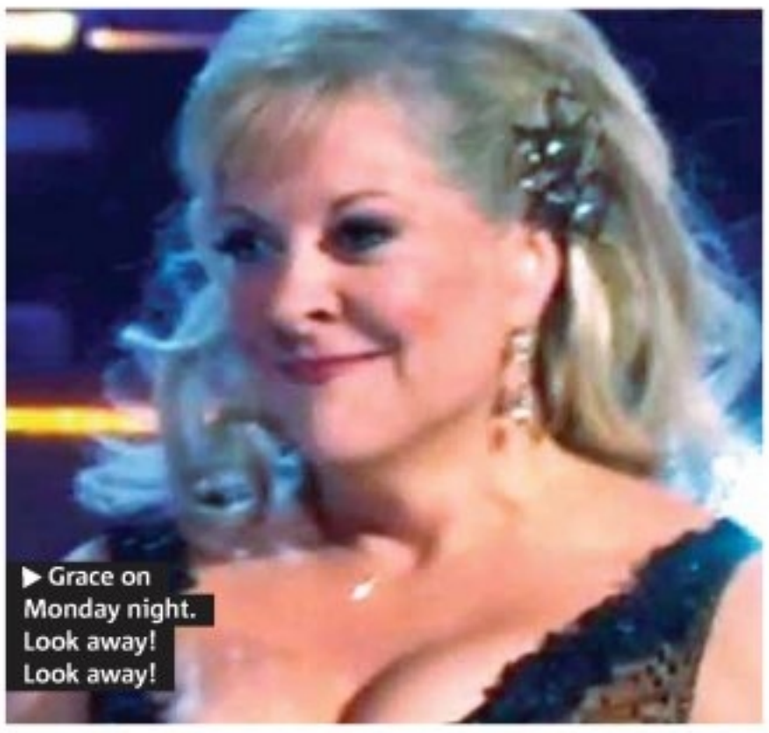
THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Nancy Grace, out on top

Today's column makes me want to rethink my life choices, as it is all about **Nancy Grace**'s boob. More specifically: Did it or didn't it slip out during Monday night's episode of "Dancing with the Stars"? (Sorry, Mom. For everything.)

During a jive routine with partner **Tristan MacManus**, Grace's left ta-ta slipped a bit from her tight-fitting dress. Luckily, a quick-thinking (or momentarily blinded?) cameraman was able to cut away from the Republican areole but it was too late: Millions of people saw it. And if they didn't catch it, they certainly did yesterday when "Nancy Grace Boob" was one of the most Googled phrases of the day.



▶ Grace on Monday night. Look away! Look away!

However, Grace swears it didn't happen.

"Tonight, when we were doing our hopscotch portion of our dance, there was a little bit of movement but it did not rise to a wardrobe malfunction," the 51-year-old told Us Weekly backstage after the show. "We have taken every precaution known to men in this dress right here. I'm talking industrial-size precaution. There may have been ... a little bit of jiggling, but there was absolutely not a wardrobe malfunction."

But then again, Grace has been wrong about a few things before, such as Duke lacrosse players committing rape (they didn't), or that Richard Ricci "was guilty" of kidnapping Elizabeth Smart (he wasn't), or that her fiance was killed by a stranger in 1979 (it was actually a co-worker). Not really sure where to put this nip-slip in the awful Nancy Grace incorrectness hierarchy? I'm guessing toward the top. Zing!

WWW.METRO.US/WORD
DOROTHY ROBINSON'S WORD BLOG

Jessica Simpson, pregnant?

In Touch Weekly is reporting that **Jessica Simpson** is pregnant. The 31-year-old singer recently attended the 32nd birthday party of her fiance, **Eric Johnson**, where she sent back her glass of champagne for a birthday toast. Why? Because she's pregnant, of course! Why else? A source close to Jessica and Eric tells In Touch the couple is expecting. "She's already having kooky cravings!" a friend shares, especially nacho chips dipped in chocolate — "which satisfy her urge for salty and sweet" — cheese-flavored popcorn and non-alcoholic margaritas.

Simpson

"Jessica might have to take out her dress a bit," says the source as their plans to marry in November have not changed. Excellent defense, Simpson! Now no one will dare say you did not lose enough weight before your wedding, if they think it's a baby bump.

Talking points

It pays to be Cowell's ex

When **Simon Cowell** breaks up with a girlfriend, he doesn't like them to leave empty-handed. Cowell claims that he pays his exes after they split so they can maintain the standard of living he's introduced them to, according to Hollyscoop. "You can't have somebody in your life who's become accustomed to a certain thing and, just because you don't want to be in a relationship any more, say to them, 'No, everything is cut off,'" says Cowell, who is currently engaged to makeup artist **Mezhgan Hussainy**. He didn't elaborate as to what sort of payments he's made to his exes, though.

Cowell

Dunst battles depression

Kirsten Dunst, whose new movie, "Melancholia," is being called "beautifully depressing," is opening up about depression herself. "I think that most human beings go through some sort of depression in their life. And if they don't, I think that's weird," she tells Flare magazine. "People are embarrassed to talk about it — I would never put anyone down that was in that kind of space." One area that isn't causing Dunst any sort of depression is her love life, and she says the secret is to not date a fellow actor. "I've dated someone for a pretty long time now who's not an actor, and it works better," says Dunst, who is currently dating Razorlight singer Johnny Borrell.

Teen death spurs Gaga

Outraged over the recent suicide of 14-year-old fan Jamey Rodemeyer, **Lady Gaga** took her anti-bullying crusade straight to President **Barack Obama**, according to ABC News. The pop star attended a $35,800 per person fundraiser in Silicon Valley, Calif., to press the president on legislation that would make bullying a hate crime. Gaga reportedly used her chance to plead with "everyone in the room, including the president, to do what they can," a source says.

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Chris Brown is dealing with pet peeves, Jason Mraz is looking to share, Diablo Cody is seeing the sights and Judd Apatow is live-tweeting his "Abduction" viewing.

▶ **@chrisbrown**
Don't you hate it when somebody always has to say where they are from like that will get them super powers in an argument!

▶ **@jason_mraz**
Anyone coming to the Merriweather show tonight want to take our compost home to your worms?

▶ **@diablocody**
I love exploring NY! Just ate at an awesome local place called Subway.

▶ **@JuddApatow**
Lautner is gonna bang this girl and it has been an hour since three of his parents died!! You don't make out for at least two hours!

Apatow

myentertainment

Stars in airports and other brief walkthroughs

1: Katherine Jackson appeared for the opening statements for the trial of Dr. Conrad Murray on Tuesday in Los Angeles. Dr. Murray is charged with involuntary manslaughter in the death of her son Michael Jackson, who died of an overdose of prescription drugs in June of 2009.

2: Actress Brooke Shields (center) attended a private burlesque performance at Nurse Bettie on Sunday in New York City.

3: Seth Rogen, Anna Kendrick and Joseph Gordon-Levitt attended the after party for the premiere of their new film "50/50" at the Four Seasons Restaurant Monday night in New York City.

4: Elizabeth Hurley visited "FOX & Friends" at FOX Studios yesterday in New York City.

5: British actor Rowan Atkinson waved to fans yesterday in Berlin. The actor was in the city to promote the German release of his James Bond parody's sequel, "Johnny English - Jetzt Erst Recht" ("Johnny English Reborn").

6: The paparazzi snapped Pippa Middleton on Tuesday in London.

7: Singer Keri Hilson arrived at Roissy airport yesterday in Paris, France.

8: Hugh Jackman strolled through Sydney International Airport for the Australian premiere of "Real Steel" yesterday in Sydney.

www.metro.us

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SPY A CELEB IN YOUR NEIGHBORHOOD? SNAP SOME PICS AT A GREAT SHOW LAST NIGHT? SEND YOUR SEEN ON THE SCENE PHOTOS TO **THEWORD@METRO.US** AND WE'LL PRINT THE BEST ONES HERE.

1: FREDERICK M. BROWN/GETTY IMAGES. 2: ASTRID STAWIARZ/GETTY IMAGES FOR TENA TURNBOW. 3: THEO WARGO/GETTY IMAGES. 4: ASTRID STAWIARZ/GETTY IMAGES. 5: ADAM BERRY/GETTY IMAGES. 6: SAV/FILMMAGIC. 7: MARC PIASECKI/FILMMAGIC. 8: LISA MARIE WILLIAMS/GETTY IMAGES.

myentertainment

The sweet success of 'Top Chef: Just Desserts'

Host Gail Simmons on this season's talented crop of cheftestants ● Who's tonight's guest judge? ● Hint: Things will get 'Intergalactic'

BRAVO

▶ Gail Simmons hosts "Top Chef: Just Desserts," airing Wednesdays at 10 p.m. on Bravo.

Canadian-born, NYC-trained gastronomic guru Gail Simmons is a master multitasker — in addition to being the Special Projects manager at "Food & Wine" magazine, she's also relishing her second year as the host of Bravo's "Top Chef: Just Desserts."

The spin-off of the hugely successful "Top Chef" pits cream-of-the-crop pastry chefs against each other for a chance at $100,000 from KitchenAid, a spread in "Food & Wine" and a spot at the Annual Food & Wine Cayman Cookout. And this year, the kitchen competition is heating up.

www.metro.us
READ THE EXTENDED INTERVIEW ONLINE AT WWW.METRO.US/TV

"The chefs on this season are really just the next level," Simmons says. "Last year we had a much broader range of people who worked with desserts — bakers, hotel chefs, restaurant chefs, cake-makers — and this year they're really all top pastry chefs, and the challenges we give them really, really test their skills."

Simmons was coy about spilling any juicy contestant gossip, but she did give us a taste of what's to come on tonight's episode.

"We have Ad-Rock [from the Beastie Boys]," she says. "We created a challenge all around him, and I think it just blew us all away."

She credits the show's success not to just the contestants and guest judges, but also to the audience, who she notes has become quite knowledgeable in the five years since "Top Chef" premiered.

"I've seen such a major explosion in interest and savvy from our audience about food," she says. "I'm just always impressed season to season how much they learn and know and understand."

MEREDITH ENGEL
meredith.engel@metro.us

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myentertainment

TV watch list

‘Suburgatory’

COMEDY. A single dad (Jeremy Sisto) moves his teenage daughter (Jane Levy) from NYC to the suburbs with the best intentions — and very little knowledge of how to survive in the ’burbs. **Series premiere, 8:30 p.m., ABC**

ABC
▶ “Suburgatory” premieres tonight.

‘Modern Family’

COMEDY. There’s a lot going on tonight, as usual, so let’s just check in with Sofia Vergara: In tonight’s episode, she’s annoyed at Jay’s bond with his dog, hence the super-cute promo where she’s chewing up his slippers. **9 p.m., ABC**

MONICA WEYMOUTH

WWW.METRO.US/TV
FOR MORE METRO TV COVERAGE

What we’re into

Ke$ha watches

If you’re over 15 and sober, Ke$ha fandom isn’t really the type of thing you wear on your sleeve. But your wrist? Why not. The popster’s flashy new watches for Casio’s Baby-G offshoot include a sporty red-white-and-blue design and one in her signature leopard print.

“I hope when people wear my watches they’re reminded to express themselves always and never lose the animal inside themselves,” she says in the press release.

Obviously, they’re water/whiskey resistant.

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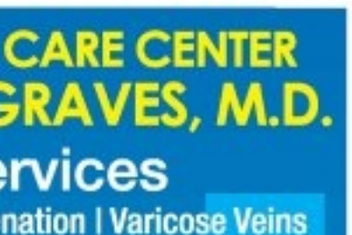

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mystyle

3 QUESTIONS FOR DIANE VON FURSTENBERG

▶ For the full interview with Diane Von Furstenberg, visit www.metro.us/style.

Last week, designer Diane von Furstenberg launched her new perfume, DIANE in Bloomingdale's NYC. It's a fragrance that she felt compelled to create because, in her opinion, ladies today aren't yet using scents to their fullest potential.

"I felt like the new generation of women haven't understood the power of the fragrance, and that it has been used as weapon by women for centuries, since Cleopatra," she says. "People have made a lot of beautiful perfumes with a lot of beautiful celebrities and nice bottles, but people have forgotten what a perfume is about. It is really about addiction and memory and all of these things, and I really wanted to do a perfume that has that strength and that power." Tell us more, Diane!

SALLY MORRIS
sally.morris@metro.us

The fragrance ranges in price from $65-$110 and will be available exclusively at Bloomingdale's until Oct. 15, when it hits Sephora.

1 What inspired this scent?
I used two main inspirations, two flowers, two powers. The frangipani, it smells so wonderful — it's all about happiness. But then the second flower is different. It's strong, mysterious, naughty and totally seductive — that is the violet. In this bottle I put all my love, passion, wisdom, knowledge and all my secrets of seduction.

2 Speaking of wisdom, what makes you feel confident?
I think it is just the relationship I have with myself. I know that I can trust myself. I know that I can pay my bills.

3 What's your style of scent?
It has to smell good; I know that sounds obvious but a lot of perfumes don't smell good. It has to be a scent that you can actually swallow, not [one] that you get into a elevator and say, "Oh my God, please get out." Definitely floral but also with a touch of wood. I do not like fruity scents at all. And I don't like vanilla.

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FALL FUN GUIDE

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COURTESY OF POCONO MOUNTAINS VISITORS BUREAU

AUTUMN AGENDA

- **In Philly:** Dining, design & dress-up {pages 16-21}
- **In the Poconos:** Scenic getaways, family-friendly festivals {page 22}

food&drink

McKenzie Brew House

New brews and bars to fall for

The city calls itself 'America's best beer drinking city' for a reason And things are only getting sudsier

In recent years, Philadelphia has established itself as one of the best beer cities in the country — a claim that will be further solidified this fall and beyond as a handful of new breweries and brewpubs open their doors:

The Farmers' Cabinet
Perhaps the most anticipated opening of the year is the nano-brewery within The Farmers' Cabinet. With head brewer Terry Hawbaker potentially pouring his house-brewed beers by the end of 2011, patrons are readying themselves to choose between even more options in a bar that already serves one of the East Coast's largest selections of crafts and imports.
1113 Walnut Street
215-923-1113
www.thefarmerscabinet.com

Iron Hill Brewery & Restaurant
The East Coast's fastest-growing chain of brewpubs will open its ninth location in Philadelphia's Chestnut Hill neighborhood in December 2011. One beer sure to be on tap: Pig Iron Porter, which took home a gold medal from the 2010 Great American Beer Festival.
8400 Germantown Avenue
215-948-5600
www.ironhillbrewery.com

McKenzie Brew House
By November 2011, the western Philadelphia suburbs will have three McKenzie Brew House locations to choose from. The new brewpub in Berwyn will expand the chain's capacity to brew the beers that have earned it eight Great American Beer Festival medals.
324 Swedesford Road, Berwyn
www.mckenziebrewhouse.com

Tired Hands Brewing Co.
The beers at Tired Hands Brewing Co., scheduled to open in December 2011, reflect a traditional Belgo-French vision by comprising mostly farmhouse ales, with the inclusion of some hop-forward American ales for variety.
16 Ardmore Avenue, Ardmore
www.tiredhands.com

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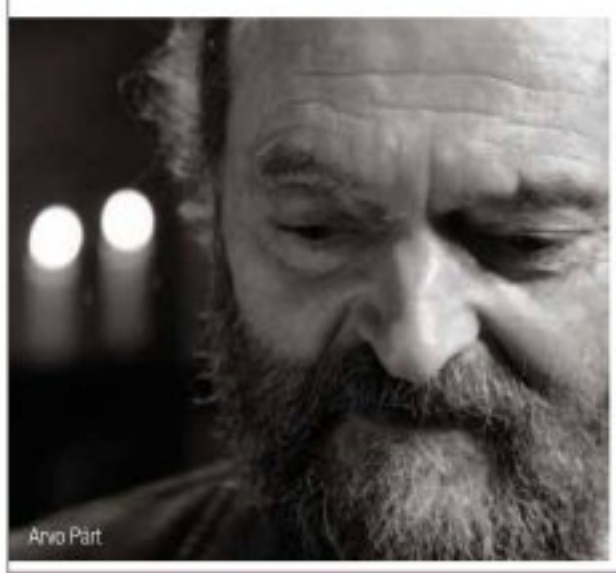
(area premiere)

Mendelssohn Club of Philadelphia and its Artistic Director Alan Harler join us in this program of inspired works by Arvo Pärt (area premiere), Henryk Górecki, John Adams, and Pierre Boulez. The mesmerizing eastern European mysticism of Pärt and Górecki, Adams's classic early minimalism, and Boulez's expressive mini-concerto for seven cellos are a potent combination not to be missed.


Arvo Part

Saturday, October 22, 2011 8:00 PM
Church of the Holy Trinity
(Rittenhouse Square at Walnut Street)
Philadelphia *Pre-concert Discussion 7:30 PM*

Sunday, October 23, 2011 7:30 PM
Lang Concert Hall, Swarthmore College
Pre-concert Discussion 7:00 PM

halloween&arts

4 Tricks and treats for grown-ups

Halloween isn't just for kids This year get spooked, get educated and get partying at haunted happenings

COURTESY OF EASTERN STATE PENITENTIARY

Enter if you dare: Terror Behind the Walls is back and bigger for its 20th year.

1 Flashlight Tours at Laurel Hill Cemetery
Step into the realm between living and dead as your tour guide takes you through the famous Laurel Hill Cemetery. Pack your own flashlight and prepare yourself to run into a spirit or two during your tour through the eerie grounds.
Oct. 28 & 29, every half an hour beginning at 7 p.m.
$20, Laurel Hill Cemetery
3822 Ridge Ave., 215-228-8200
www.thelaurelhillcemetery.org

2 Ghosts + Goblins Party
Now in its fourth year, this party at the Manayunk Brewery offers VIP-only access to the second-floor bar if waiting for drinks isn't your idea of a killer time. Be sure to dress up — there are prizes for the most creative and creepy costumes.
Oct. 29, 8 p.m.
$10-$30, Manayunk Brewery
4120 Main St.
215-482-8220
www.clubzone.com

3 Watson Adventures Scavenger Hunt
Test your clue-solving abilities, tour the city and make friends with a few of Philly's most intriguing ghosts in this grown-up scavenger hunt. The Watson Adventure team, which hosts similar hunts in several major cities, will turn Old City into a playfully haunted area for you to scour in search of clues. On our must-find list: the ghost of one Benjamin Franklin.
Oct. 29, 5 p.m. & 8 p.m.
Oct. 30, 5 p.m.
$22.50
www.watsonadventures.com

4 Terror Behind the Walls
Eastern State Penitentiary is celebrating 20 years of their super creepy haunted house with two new attractions: A massive maze dubbed "The Gauntlet" and "Break Out," a freaky outdoor finale. That's in addition, of course, to their gigantic haunted prison.
Through Nov. 12
22nd St. and Fairmount Ave.
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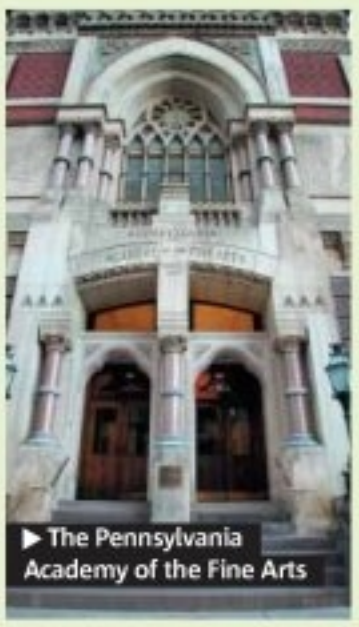
www.easternstate.org

JULIA WEST
letters@metro.us

Fall openings


The Pennsylvania Academy of the Fine Arts

PAFA Party

The city's newest open-air space and its latest piece of public art debuts at the **Pennsylvania Academy of the Fine Arts'** Party on the Plaza on Oct. 1. It marks the official opening of Lenfest Plaza, a public space that will feature changing student artworks and Claes Oldenburg's towering 53-foot-tall sculpture, "Paint Torch."
118-128 N. Broad St.
www.pafa.org

'Excavating Ground Zero: Fragments from 9/11'

In remembrance of the tragedy that took place 10 years ago, the University of Pennsylvania Museum of Archaeology and Anthropology hosts **"Excavating Ground Zero: Fragments from 9/11,"** organized in conjunction with National September 11 Memorial Museum.
Through Nov. 6
3260 South St.
www.penn.museum

'Bugs ... Outside the Box'

A sure way to get reluctant kids interested in science, **"Bugs ... Outside the Box"** at the Academy of Natural Sciences features giant, very detailed insect sculptures — plus some of the Academy's own live insects. The scientifically accurate sculptures illustrate the unexpected beauty of the creatures.
Oct. 22 through Jan. 16
1900 Benjamin Franklin Parkway, www.ansp.org

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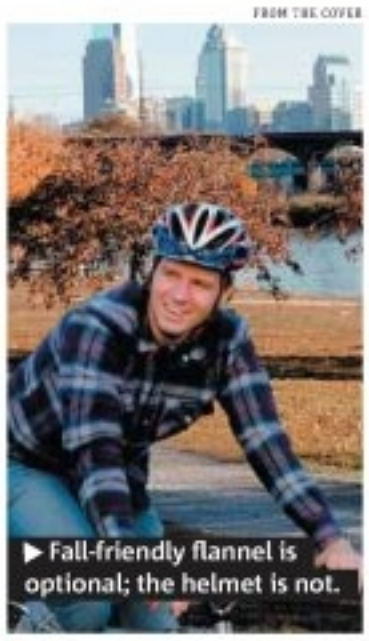
outdoors

3 SCENIC FALL BIKE RIDES

FROM THE COVER



▶ Fall-friendly flannel is optional; the helmet is not.

In her new book, "Where to Bike: Philadelphia," Julie Lorch maps out 71 rides in the city and surrounding 'burbs, from trips for pedal pros to kid-friendly paths.

When it comes to autumn, she suggests hitting the parks with these rides for the whole family. "These paved park trails have beautiful scenery for a fall bike ride," she says. "Pennypack Park and Tyler State Park both offer lovely wooded areas to enjoy the foliage, and the Schuylkill Banks Park gives great views of rowers sweeping in and out of Boathouse Row."

1 Schuylkill Banks Park
Center City/Art Museum
This mile-long bike path runs along the river between 25th and Locust streets and Boathouse Row. There are access points on Race and Locust streets as well as ramps on Market and Chestnut.

2 Pennypack Park
Northeast Philadelphia
The long, secluded bike path that follows Pennypack Creek runs from Shady Lane in Fox Chase to Frankford Ave. in Holmesburg. The trail is more than seven miles long, while Pennypack has nearly 1,400 acres to explore.

3 Tyler State Park
Bucks County
One of Lorch's favorite trips, this hilly ride through the park comes complete with horses, cornfields and forests. Choose from loops between one and six miles.

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San Miguel, 1992, by Jacqueline Cotter. Pencil over oil on mylar. Collection of Karen Segal

fall style

Style picks

Philly's fall fashion forecast

This season's cold front will bring with it an array of new fall trends. Take a bit of advice from the local experts and get ahead of the style curve this year.

For the gents

▶ "I'm in love with relaxed, soft plaids, fitted but comfortable," says boutique owner and designer **Matthew Izzo**. His Midtown boutique (111 S. 12th S.) is known for carrying apparel that puts an emphasis on construction — meaning you won't find any cheap, poorly tailored clothes in this shop. Izzo adds that "a cleaner, more business-like look is in with soft, high-end looking fabric." So expect to see gents looking carefully put together this year. Even when going casual, the quality of the garment does not go unnoticed.

For the ladies

▶ According to **SA VA Boutique** owner Sarah Van Aken, wide-leg jeans are already flying off the shelves. "I think we will finally see a few less skinny jeans and some flare and bell jeans this fall," she says. As for accessories, she points to leather as being this year's most popular accent. SA VA (1700 Sansom St.) is carrying everything from little leather blazers to fingerless gloves and leather jewelry. JULIA WEST

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—*The Independent* on Rinat Shaham's Glyndebourne debut

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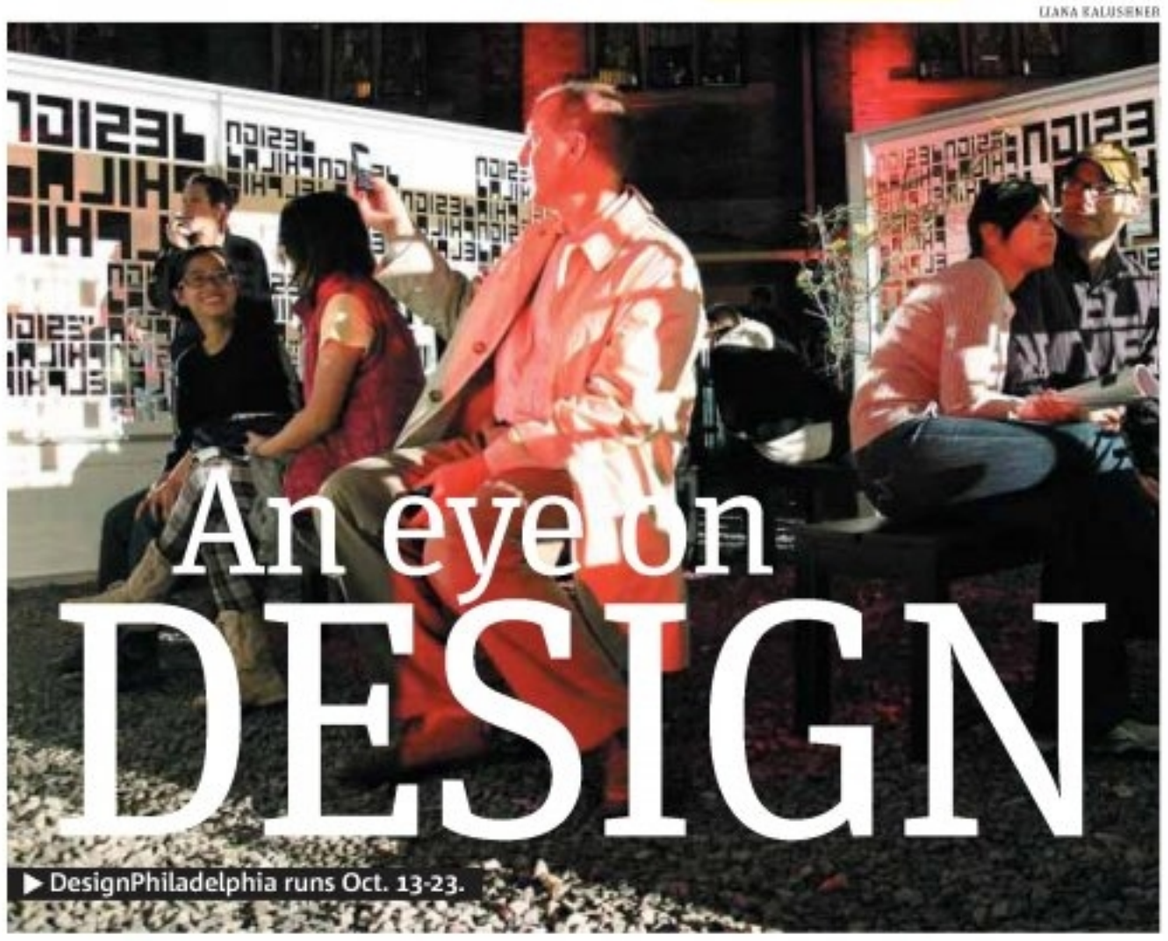
Generously funded by the **Knight Arts Challenge** and the **Wyncote Foundation**

Rinat Shaham is Carmen. Photo by Tim Matheson.

design

LIANA KALUSSNER



An eye on DESIGN

▶ DesignPhiladelphia runs Oct. 13-23.

The city is welcoming the cooler months with events, exhibits and openings tailored to inspire winter wardrobes and new home looks

▶ **Design Show House**
For the first time since 1997, the Chestnut Hill Center for Enrichment is hosting a Design Show House, open through Oct. 16. Deemed "significant" on the National Register of Historic Places, the two-and-a-half-story Queen Anne stone dwelling has been completely renovated to blend the home's historically significant architectural details with tastefully modern additions.
215-248-0180
www.chdesignhouse.org

▶ **DesignPhiladelphia**
One of the largest design festivals in the United States, DesignPhiladelphia's 11-day celebration features the work of more than 450 designers across all disciplines, from architecture to urban planning to fashion. From October 13-23, hundreds of venues will host exhibits, workshops, open studios, lectures and more.
www.designphiladelphia.org

▶ **'Collab: Four Decades of Giving Modern and Contemporary Design'**
On view at the Philadelphia Museum of Art through fall 2012, "Collab: Four Decades of Giving Modern and Contemporary Design" highlights 40 years of gifts from Collab, the museum's affiliated group for modern and contemporary design. The exhibit also presents a chronological selection of modern and contemporary design from the 20th and 21st centuries.
26th Street & Benjamin Franklin Parkway
215-763-8100
www.philamuseum.org

▶ **'17 Swedish Designers'**
On view at the American Swedish Historical Museum through January 29, "17 Swedish Designers" showcases the recent work of 17 women of the same generation who thrive in Sweden's male-dominated field of design. The exhibition consists of three to 10 products from each of the designers, and works range from porcelain and glass to textiles and furniture.
1900 Pattison Ave.
215-389-1776
www.americanswedish.org

gp tmc

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On the move

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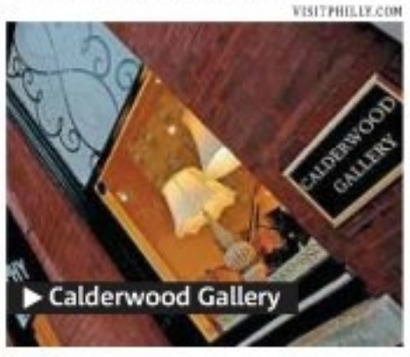

▶ Calderwood Gallery

▶ **Calderwood Gallery** — a Rittenhouse neighborhood favorite — is making the move to North Broad Street in late-September in order to consolidate all of its collections under one roof. To be known as Calderwood Gallery, 20th Century Design and Photography, the 30,000-square-foot space will feature French Art Deco furniture, international pieces from the 1960s, '70s and '80s and vintage photography.
631 N. Broad St.
www.calderwoodgallery.com

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Photos: Pete Checchia, Dario Acosta
All artists, dates, prices, and programs are subject to change.
All 2011-12 revenues are in escrow until concerts occur.

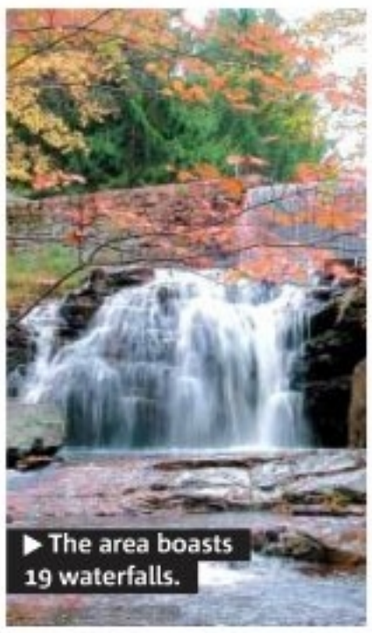
getaways

Changing it up in the Poconos

Break free from the city for an autumnal weekend in the mountains Where to stay and soak in the colors

Autumn Timber Festival
Sure there are crafts and food, but this event truly is a macho one. Enjoy real lumberjack demonstrations that include tree-trunk climbing and chain-saw sculptures. New to the festival this year is the Ultimate Air Dog competition, in which your BFF can compete in dock-jumping.
Oct. 8 & 9, Shawnee Mountain Ski Area, Hollow Road, Shawnee, 570-421-7231, www.shawneemt.com

Jim Thorpe Fall Foliage Festival


The area boasts 19 waterfalls.

Stroll up and down Broadway in Jim Thorpe and get an eyeful of gorgeous autumn colors every weekend in October. There will be plenty of vendors to peruse, and many shops and restaurants on Broadway will also participate with seasonal specials. Don't forget to check out free live music at four downtown venues while you're there.
Each weekend in October Jim Thorpe, 570-325-4439, www.jimthorpe.org

JULIA WEST
letters@metro.us

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How's this for a scenic drive?

Where to stay

East Shore Lodging
One of the many places to take advantage of weekend bargains is at the quaint East Shore Lodging. They host Cider Weekends in October where they feature hand-made cider and guest discounts at their gift shop. Mention Cider Weekends for specials. **2487 Route 6, Hawley, 570-226-3293 www.eastshorelodging.com**

Skytop Lodge
If rustic retreats aren't for you, check out the luxurious Skytop Lodge. Here they have themed weekends that include Secrets of the Harvest (Nov. 4-6.), a festival of delicious flavors from the area. **1 Skytop, Skytop 800-345-7759 www.skytop.com**

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mywellbeing

Lipo by laser: Is it a good idea?

Alternative procedures promise no pain and less recovery time But are they right for you?

Though they're not the most popular of all plastic surgeries performed (that would be breast augmentation, with 296,000 surgeries done in 2010), liposuction procedures have increased two percent from 2009, to 203,000 procedures performed in 2010. For those considering the surgery, there are some new alternatives to going under the knife — like Zerona, a non-invasive laser alternative that was approved by the FDA last year. Zerona uses local anesthesia, which is thought to be safer than general anesthesia (used in traditional lipo) and causes and less tissue damage.

"The process involves drinking a gallon of water, cardio, no alcohol and a low-fat diet. It's the lifestyle change that gives the reduction."
DR. MITCHELL CHASIN, ON THE ZERONA LIPOSUCTION METHOD

"Patients can go back to work straight after — there's no downtime. You don't feel anything," says Kathy Bettencourt, RN, MSN, who uses Zerona at the Beach Plum Spas on Cape Cod and in Plymouth, Mass. The Zerona laser liquifies the fat and drains it via a small puncture in the cell, which heals within 72 hours. Then, the fat is disposed of naturally through the lymphatic system.

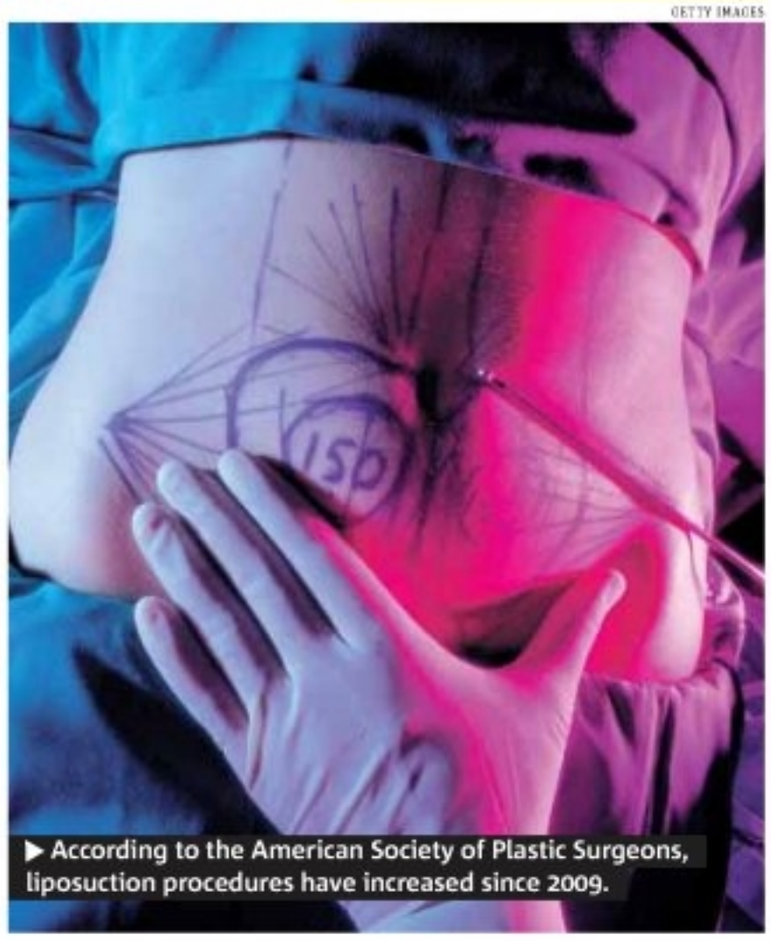
But not everyone is as enthusiastic about Zerona.

"If it sounds too good to be true, it is," says Dr. Mitchell Chasin, founder and medical director of New Jersey's Reflections Center for Skin and Body. "Zerona takes away general anesthesia, but that's the only good thing about it. We found the machines were ineffective. The process involves drinking a gallon of water, cardio, no alcohol and a low-fat diet. It's the lifestyle change that gives the reduction."

Not so, says Bettencourt: "I tried it myself and lost several inches. I incorporated the diet program afterward and the weight has stayed off. I would never go back to using lipo. This is less aggressive."

LINDA CLARKE
letters@metro.us

GETTY IMAGES



▶ According to the American Society of Plastic Surgeons, liposuction procedures have increased since 2009.

Other options

If you're considering plastic surgery, other alternatives to traditional liposuction include Vaser, which uses ultrasound technology; lasers such as SlimLipo and SmartLipo; and Zeltique, a so-called "cool sculpting" laser method. But only fully trained professionals should do any procedure. For plastic surgeries, make sure the surgeon is board-certified and check for any malpractice suits (which can be easily found on medical board websites).

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mywellbeing

Today in medicine

Hair loss in women

Study subjects: 84 female identical twins
Location of study: U.S.
Results: Divorced or widowed women have a higher risk for hair loss than their married or single counterparts, reports USA Today. The study used identical twins in order to eliminate genetic differences as possible explanations.
Significance: Stress has long been thought of as a major cause of hair loss, especially in women. The research found that excessive drinking and smoking may also contribute.

Bedbug panic

Study subjects: III adults in seven states
Location of study: U.S.
Results: The New York Times reports that some people are improperly using bedbug-fighting chemicals in an effort to eliminate them, which may be more harmful than an actual bedbug bite.
Significance: The chemicals used against perceived insect threats can be hazardous to health and even fatal.

COMPILED BY LINDA CLARKE

GETTY IMAGES

▶ These can be just as bad as bedbugs.

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Letters

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Support the good of many

It's obvious that Metro is pro-liberal and anti-conservative. While I don't agree with either party 100 percent, I know America is falling apart. And our citizens are finally waking up. The good of the many outweighs the good for the few. That's how a country survives. Why are we blindly taking care of others when we can't take care of ourselves? The free ride on the backs of hardworking Americans is over. If liberalism had free reign, this country would die.
CHRIS MCDAVID, VIA E-MAIL

Strong goal: Vote them out

Your story about the anti-Wall Street group never explains what they're actually trying to achieve. It should be simple: Register to vote, and stop voting for Republicans!
RICHARD FEINBERG, VIA E-MAIL

Doubt cast on Davis death?

RE: "WRONGFUL DEATH, NOTHING NEW?": I guess when a black man is committed of a crime, whether he's innocent or not doesn't matter. You cast doubt of Troy Davis' innocence, even with the new evidence and the witnesses who say they were told to commit perjury under oath?
RANDALL EPHRAIM, VIA E-MAIL

Can't afford to 'wait and see'

I'm frustrated that the international media keeps ignoring the ongoing atrocities happening in Southeast Asia. As numerous reports make clear, Burma continues to be ruled by one of the world's most brutal military regimes. The U.S. government and the international community must make Burma a priority and no longer just "wait and see" if the regime will change.
JAN-PAUL ALON, VIA E-MAIL

Oldie not really that goodie

RE: "CONTRACEPTION CELEBRATION: A HISTORY OF SEX": The "oldie but goodie" contraceptive method of coitus interruptus (withdrawal or pull-out) is actually not as effective as your article suggests. According to Planned Parenthood, 4 of every 100 women whose partners use this method will become pregnant each year if they always do it correctly, while 27 of every 100 women whose partner uses this method will become pregnant each year if they don't always do it correctly.
JULIE CHIPMAN, VIA E-MAIL

E-mail your letters: letters@metro.us
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

Horoscope

♎ Libra **Sept. 23-Oct. 23.** Not only will companions appreciate your charisma, they will equally welcome your leadership qualities as well. No one will challenge the example you set or mess with your directives.
♏ Scorpio **Oct. 24-Nov. 22.** Friends know that when you are told something in confidence no one will pry it from you. Don't let them down.
♐ Sagittarius **Nov. 23-Dec. 21.** When involved in a group activity, be sure to make the rounds instead of singling out one person for special attention. Converse equally with all and everything will go smoothly.
♑ Capricorn **Dec. 22-Jan. 19.** Capricorns can sometimes be extremely single-minded and standoffish or extremely outgoing when necessity demands. This could be one of those days when you'll have to choose.
♒ Aquarius **Jan. 20-Feb. 19.** If at all possible, seek endeavors that will enable you to utilize your imagination and creativity. It will encourage you to come up with some ideas.
♓ Pisces **Feb. 20-March 20.** It might look to others that you're likely to take things at face value, but actually you won't be easily deceived. Slick salespersons or con artists won't find you to be an easy mark at all.
♈ Aries **March 21-April 19.** There is no excuse for ducking an important decision just because it's tricky. If you don't have the courage to render a judgment call, you never will.
♉ Taurus **April 20-May 20.** It's important to realize that details can be just as important as major factors when rendering a decision. Remember that each small part is essential to the making of the whole.
♊ Gemini **May 21-June 20.** You'll get far more out of being with companions who are young in spirit than you will spending time with somber fellows. The youthful in mind will help you feel young at heart.
♋ Cancer **June 21-July 22.** It is so wonderful of you to be protective and cherishing of those you love, but be careful not to carry this too far. You must take care to leave your dear ones some breathing space.
♌ Leo **July 23-Aug. 22.** Your natural ability to read the character of others is exceptionally pronounced. However, a word of caution: Keep your critical evaluations to yourself.
♍ Virgo **Aug. 23-Sept. 22.** One of your better virtues is your willingness to teach and share your knowledge with others. You could have some real gems of information that'll save people money. Don't hold back. **BERNICE BEDE OSOL**

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Across
1 Powder base
5 Certain wolf
10 Fix potatoes
14 Yikes! (hyph.)
15 Lettuce, so to speak
16 Dog-food brand
17 __ __ Hari
18 Monastery
19 Four quarters
20 Cook in a wok (hyph.)
22 Eggbeaters
24 Refrain syllables
25 Firearms lobby
26 Had status
29 Income source
32 Tequila cactus
36 Cookie man
37 Handled roughly
39 Avg. size
40 Study of butterflies
43 "Nature" channel
44 Met offerings
45 Cousin of PDQ
46 String quartet composer
48 Congeal
49 Hotel patron
50 Decompose
52 Monsieur's wine
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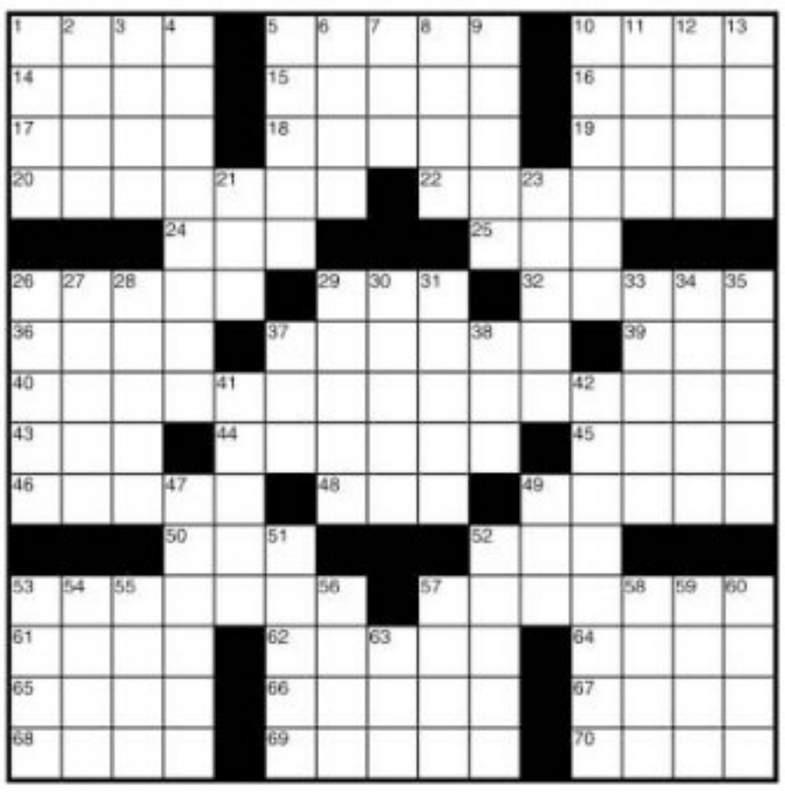
57 Tightened a saddle
61 Livy's "Lo!"
62 Mr. Rathbone
64 Be an owner
65 Planets, to poets
66 Take advantage of
67 Essay byline
68 Wildlife shelter
69 Tintype hue
70 The mind's I?

Down
1 Rolaids rival
2 At the drop of __ __
3 Aka Viaud
4 Beheaded king (2 wds.)
5 Sharif and Bradley
6 Elapse, as time (2 wds.)
7 Tennis return
8 Mo. expense
9 Synthetic fabric
10 Amana alternative
11 Helm position
12 Train for the ring
13 __ d'oeuvre
21 Brief craze
23 Madrid museum
26 Mr. Nader
27 Tiny swimmer
28 __ -turvy
29 Mocks at
30 Bizarre
31 Cote murmur
33 Popped up
34 Sands locale
35 Sphinx locale
37 Broom companion
38 Pause fillers
41 Benefactor
42 Cape Canaveral events
47 Least humid
49 Martini base
51 Brass instruments
52 Pancho __
53 Lowly laborer
54 Real-estate measure
55 Toxic wastes, briefly
56 Keep
57 Half of CCVI
58 __ and hearty
59 More than bad
60 Unhearing
63 Fall guy



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	1							5

SUDOKU **LEVEL: EASY**

	1	5			8			3
	9	7		4			1	2
8								
		2	8		1	7		
7								5
		1	7		4	3		
								7
1	4			2		5	3	
2			5			4	6	

SUDOKU **LEVEL: HARD**

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Solution to yesterday's crossword

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Flyin' Hawaiian staking claim as new Secretary of Defense

- Victorino evoking images of Garry Maddox in center
- No errors entering last night
- Also batting .280

Shane Victorino has quietly become of the best outfielders in the majors.

And it's not just that he hits for average, rips some timely home runs, steals bases and makes so many things happen.

He's also an incredible defensive player in center field. How good?

Victorino entered the final two games (last night's Phillies-Braves game ended too late) of the regular season with no errors.

None. Zilch.

The Flyin' Hawaiian handles every ball hit in his direction with relative ease. For those shots that seem uncatchable, well, he gets to those as well.

"I don't think about stats or numbers," Victorino said recently. "I just try to field my position the way I know I can."

Victorino can make a difficult play look incredibly easy, which is the mark of a great defensive outfielder.

"Shane sees the ball off the bat as well as anyone I've ever seen," said left fielder Raul Ibanez. "He gets a huge jump because he reads it right. That's not easy to do, especially when some guys hit it off the end of the bat at times. He's just a staple in center field and is so consistent out there."

Victorino has 50 career assists in the outfield.

"If you're struggling at the plate, defense can help a club," Victorino said. "It can carry over to the next inning. We've all seen it. It's a part of the game I take very seriously."

GETTY IMAGES

▶ Victorino has won three straight Gold Gloves.

On TV today

Phillies at Braves, 7:10 p.m. (CSN)

ANDY JASNER
sports@metro.us

Playoff roster in focus?

Phils skipper Charlie Manuel hinted that he would carry 11 pitchers on the 25-man postseason roster.

The projected roster would include pitchers Roy Halladay, Cliff Lee, Cole Hamels, Roy Oswalt, Vance Worley, Ryan Madson, Brad Lidge, Antonio Bastardo, Michael Stutes and Kyle Kendrick, with David Herndon and Joe Blanton vying for the last spot.

Offensively, the Phils would boast their everyday lineup, along with Ross Gload, Brian Schneider, Wilson Valdez, Michael Martinez, John Mayberry Jr. and Ben Francisco. METRO

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WHO'S JESSIE JAMES? ... AND WHO CARES?

Opinion

JASON McINTYRE
SPORTS@METRO.US

The NFL season is only three weeks old and there's already some news on the athlete-female front.

Chicago Bears quarterback Jay Cutler, who was engaged to actress Kristin Cavallari for 12 seconds this summer before getting cold feet in July, is supposedly dating her again. Did Cutler see Cavallari on "Dancing with the Stars" and realize what he's missing? The Bears started 1-2, but I expect them to be eliminated from playoff contention before Cavallari is eliminated from the show.

In news involving two significantly less famous people, Denver Broncos wide receiver Eric Decker — he's only in his second year in the league and unless you follow college football (he starred in Minnesota) or play fantasy football, chances are you've never heard of him — is dating singer Jessie James. If you're wondering where you've heard the name Jessie James before … she was linked to another football player, Reggie Bush, earlier this year. On Twitter — where Decker and James are extremely gushy — the singer denied dating or hooking up with Bush.

Decker's already had a better season in 2011 than his rookie year, but before you attribute it to the presence of James, remember, Matt Kemp of the Dodgers had a poor 2010 season (while dating Rihanna) and in 2011 he's within striking distance of the Triple Crown (no Rihanna). Meaning once again, you can't draw hard and fast conclusions about athletes who are dating celebrities.

Well hello, Ms. Jessie James

I'm on a boat!

Candor in sports is always appreciated. It's becoming more and more rare though. With the reach of the Internet, anything athletes or coaches say goes viral in minutes. It seems as if most athletes would rather communicate directly with fans via social media and cut the middle man (the media) out.

Which is why we should appreciate Ozzie Guillen — the new manager of the Miami Marlins (they're moving and getting a new name this offseason). Guillen is leaving the White Sox for the Marlins for one reason: money.

Here's what Guillen had to say about money vs. championship rings:

"With the rings, I can't do [anything] with that. But with money, I can go buy me a new boat, I can go buy me a new car … I can go to Spain. With the ring, I can go to United Airlines and say, 'Hello, I won the 2005 championship. Can you fly me to Spain?' Hell, no."

– Jason Raj McIntyre covers athletes off the field and runs the popular blog, The Big Lead.

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Sticks break bones, but slurs hurt more

Simmonds denies using gay slur ◗ Avery sticking by accusation ◗ NHL reviews matter, no penalties issued

The way Wayne Simmonds saw it, he was protecting a star player.

Simmonds, who was caught by TV cameras yelling the gay slur "f—ing f—t" at Rangers pest Sean Avery during Monday's exhibition game, met with Colin Campbell in the league office yesterday to discuss the matter.

"[Campbell] asked me a question, if I called him a gay slur, and I told him no," Simmonds said.

Facing a possible $2,500 fine, the Flyers winger claimed he didn't use the homophobic slur. The matter was reviewed and no fine or suspension will be levied against Simmonds.

GETTY IMAGES

▶ Simmonds

"Since there are conflicting accounts of what transpired on the ice, we have been unable to substantiate with the necessary degree of certainty what was said and by whom," said Campbell, adding that the NHL reserved the right to revisit the matter.

"Yeah, I'm kind of getting press for stuff I wouldn't like to get it for."
WAYNE SIMMONDS

Simmonds and Avery had been jawing all night, but it came to a head when Avery threatened to "f—ing kill [Claude] Giroux."

"It's Sean Avery. He gets under everyone's skin," Simmonds said. "He's probably had encounters with everyone."

The Gay & Lesbian Alliance Against Defamation (GLAAD) had specifically asked the NHL and Flyers to take action. ● METRO

Point counterpoint

Tale of two slurs: Is it worse to attack someone's sexuality or race?

Wayne Simmonds is no stranger to controversy right now.

Last week, an ignorant fan in Ontario threw a banana on the ice as Simmonds was taking a shot in an overtime shootout. Now, he is being accused of yelling a homophobic slur at Sean Avery.

The NHL took no immediate action to seek out or find the racist fan, but it thoroughly investigated the most recent incident.

Which begs two questions: Why fine one and not the other? And is it possible that one slur is worse than another one?

MIKE THOMPSON

ACTING DIRECTOR OF GAY & LESBIAN ALLIANCE AGAINST DEFAMATION (GLAAD)

He says:
"Hate speech and anti-gay slurs have no place on the ice rink. The word that Simmonds used is the same word that is hurled at LGBT youth on the playground and in our schools, creating a climate of intolerance and hostility. He should not only apologize for this anti-gay outburst, but the Philadelphia Flyers and the NHL have a responsibility to take action and educate their fans about why this word is unacceptable."

77 Penalty minutes the Flyers and Rangers combined for in Monday night's controversial game.

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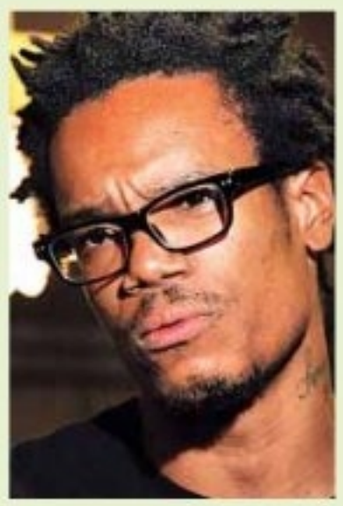
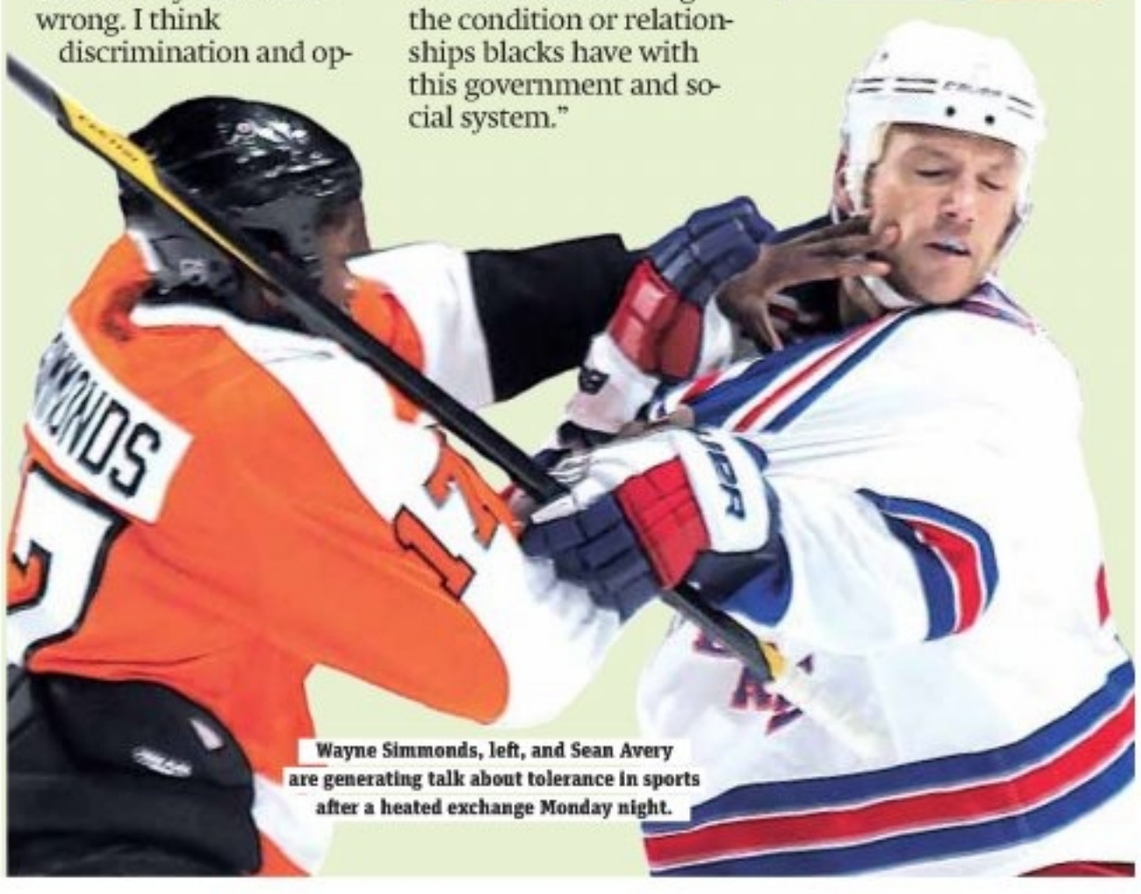


He says:
"I don't think either party who hurled slurs at one another was justified in doing so. My particular view is they were both wrong. I think discrimination and oppression is discrimination and oppression, regardless of whoever is targeted by it. But I do think there needs to be some recognition of the differences. I think one thing we're looking at is a considerable amount of progress made the way for rights for gays, women and even workers, but we have not seen any progress in terms of transforming the condition or relationships blacks have with this government and social system."



Wayne Simmonds, left, and Sean Avery are generating talk about tolerance in sports after a heated exchange Monday night.

Former ref calls out Vick for rant

Maybe the New York Post was on to something with its recent cover.

The newspaper depicts Mike Vick in a diaper with the headline: Whine & Cheese Steak.

Mike Pereira, the former NFL vice president of officiating, called Vick's rant against the refs "a bunch of bull" yesterday on SiriusXM radio.

Pereira took it a step further, saying the Eagles are constant complainers and that no team in the NFC East receives more roughing the passer calls.

"I don't want to be the referee that goes in there now next and works with him [Vick]," Pereira said. "If he calls a roughing the passer penalty for a hit on Vick everybody's going to say, 'Well, Vick taunted him into that.' If he doesn't [call it] there's going to be more criticism. So I think it was a bunch of bull and it didn't sit well with me and it still doesn't."

Vick backed off his criticism of the refs Monday, but Pereira said it didn't "sound to me like much of an apology."

MIKE GREGER
mgreger@metro.us

24

Times a flag has been thrown this season for roughing the passer. Vick has been the beneficiary of one of those (out of 33 dropbacks under duress and four sacks, according to ESPN Stats & Analysis). Kyle Orton leads the NFL with three roughing-the-passer calls.

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Metro's NFL Power Rankings

Green Bay retains the top spot • Saints claim No. 2 • Bills jump up eight spots • Jets get pass — for now

1 PACKERS (3-0)
Aaron Rodgers says the Pack isn't quite clicking. Well, call us when you are — maybe you can hold down the top two spots. If there is a negative (and we're stretching here), it's with the play of their safeties, who looked very vulnerable without injured starter Nick Collins.

2 SAINTS (2-1)
Defense? Who needs defense? Darren Sproles has been the best pickup of the offseason, and Drew Brees and the Saints are averaging almost 35 points per game, tops in NFC. That opening-week loss to Green Bay is looking like an NFC championship game preview.

3 CHARGERS (2-1)
Ryan Mathews has arrived and Norv Turner is winning close games — in September. San Diego also has the privilege of playing Kansas City and Denver twice in the woeful AFC West. Mark Oct. 23 down (at N.Y. Jets) as a possible AFC championship game preview.

4 BILLS (3-0)
Ralph Wilson Stadium is rocking again and you don't want to get in a track meet with NFL's top offense (points). Not even if your name is Tom Brady.

5 PATRIOTS (2-1)
If Brady throws four picks in another game, the cops will have no problem handing Gisele Bundchen a ticket.

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FOR MIKE GREGER'S FULL POWER RANKINGS

6 JETS (2-1)
Simply got outbullied in very uncharacteristic loss to Darren McFadden and the Raiders. We'll pin it on the cross-country trip. Besides, Rex Ryan promised a Super Bowl and he wouldn't go back on his word, would he?

7 LIONS (3-0)
Football Town USA. Detroit is perfect through first three weeks for the first time since the Carter Administration. And Matt Stafford is the NFC version of Ryan Fitzpatrick. (Yes, that is very much a compliment.)

8 RAVENS (2-1)
Thirty-seven points, 553 yards and a slew of broken franchise records. John Harbaugh has them believing — and it's not just about defense and crab cakes these days in the Charm City.

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To: All Simon Gratz ALUMNI, Family and Friends..."EVERYONE'S INVITED" to come and join us "The S.G.H.S. Class of 1991 as we celebrate our 20th Year Reunion. Friday October 7, 2011 at Romano's Catering from 8pm-12am/ Tickets are $80.00 per person Contact Charles Carter(267)241-8433 for tickets or more info

Legal Notices

Notice is hereby given that on September 13, 2011, an application was filed with the Federal Communications Commission, Washington, D.C., seeking consent to the assignment of broadcast station license of WTSD-CA from Priority Communications Ministries, Inc. (whose address is 2207 Concord Pike, # 1710, Wilmington, Delaware 19803) to Loop Media, LLC (whose address is 5670 Wilshire Blvd., Suite 1300, Los Angeles, California 90036).

The officers, directors and shareholders of at least 10% equity of Priority Communications Ministries, Inc. are Rev. Steve Hare, Jennifer Hare and Kingsley King. The officers, directors and shareholders of at least 10 % equity of Loop Media, LLC are Lawrence Rogow and Paul Koplin.

WTSD-CA operates on an assigned analog Channel 14, and is currently operating pursuant to a reduced power Special Temporary Authority at a temporary site with an effective radiated power of 71 kilowatts.

A copy of the Application for Assignment of WTSD-CA is available for public inspection during regular business hours at the WTSD-CA studios at 179 Stanton-Christiana Road, Newark, Delaware 19702.

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DIY wine crate display case

Grace Bonney's new book 'Design Sponge at Home' is filled with fun and totally doable home projects

From "Design Sponge at Home" by Grace Bonney

No matter what size our home is, most of us are always in need of more storage space. Rather than covering up more precious counterspace, Design Sponge contributors Derek Fagerstrom and Lauren Smith decided to add wall shelves made from recycled wine crates they found at their local wine shop. To add more detail, Lauren and Derek lined the back of the shelves with colorful, inexpensive gift wrap to act as a backdrop for their favorite books and tiny treasures.

DEREK FAGERSTROM & LAUREN SMITH

Steps:

1 Use a tape measure to measure the interior of each crate to make sure you have enough fancy paper to line all of them.

2 Next, draw out the measurements in pencil on the back of the paper. In order to avoid any potential gaps along the interior edges, add a 1-inch allowance as follows. Long sides: Add 1 inch to each of the three edges that border the interior of the box. Short sides: Add 1 inch to the edge that borders the back of the box. Back piece: No allowance.

3 Using a straightedge and an X-Acto knife, carefully cut out each piece of lining paper (five per box). Create fold lines by scoring along the 1-inch allowance with a bone folder. Finally, miter each of the interior corners at the allowance by cutting a 45-degree angle from the outside edge in.

What you'll need

- **Cost:** $10
- **Time:** 1 hour

Materials:
- Tape measure
- Wine crates
- Gift wrap or other fancy paper
- Pencil
- Straightedge
- X-Acto knife
- Bone folder
- Spray adhesive
- Sawtooth hangers (1 per crate)
- Hammer
- Small nails (2 per sawtooth hanger)
- Rubber bumpers (2 per crate)
- Hanging hardware (1 per crate)

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4 In a well-ventilated area, apply spray adhesive to the back of each of your long pieces. Place them carefully inside the box, lining up the folded edges with the inside edges of the box, and smoothing out any air bubbles that may appear in the paper. Next, spray and apply the short pieces. At this point, all four sides of the box will be lined, and the back will have a 1-inch border all the way around it. The last step is to spray and apply the back piece to the box.

Safety note:

Spray adhesive is pretty toxic, so you'll want to wear a mask and open your windows while you spray. Spray in short spurts and let your room fully air out before proceeding.

Smooth away any air bubbles and let dry completely before proceeding to the next step.

5 Decide on the orientation of your boxes, and attach a sawtooth hanger along the top edge of the back of each box using a hammer and small nails. Apply peel-and-stick rubber bumpers at the bottom corners on the back of each box, to ensure that they hang flat against the wall.

6 Mark the position of each box on the wall with a pencil and attach the boxes using the appropriate hanging hardware.

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Program	Rate	Points	Fees	% Down	APR
AIMLOAN.COM				**888-744-0554** http://www.aimloan.com	
30 yr fixed	4.250	0.000	$0	20%	4.392
15 yr fixed	3.625	0.000	$0	20%	3.779
10 yr fixed	3.500	0.000	$0	20%	3.648
5/1 ARM	3.000	0.000	$0	20%	3.059
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(A) 4121 Camino Del Rio South, San Diego, CA 92108, NMLS#2890,					*32890*

Program	Rate	Points	Fees	% Down	APR
PRUDENTIAL SAVINGS BANK				**215-755-1500** www.prudentialsavingsbank.com	
30 yr fixed	4.625	0.000	$166	20%	4.634
15 yr jumbo	3.875	0.000	$166	20%	3.881
30 yr jumbo	4.625	0.000	$166	20%	4.628
30/15 Fixed Jumbo 4.375%					
(C) 1834 W. Oregon Avenue, Philadelphia, PA 19145					

Legend: The rate and annual percentage rate (APR) are effective as of 9/29/11. © 2011 Bankrate, Inc. http://www.interest.com. The APR may increase after consummation and may vary. Payments do not include amounts for taxes and insurance. The fees set forth for each advertisement above may be charged to open the plan. (A) Mortgage Banker, (B) Mortgage Broker, (C) Bank, (D) S & L, (E) Credit Union, (BA) indicates Licensed Mortgage Banker, NYS Banking Dept., (BR) indicates Registered Mortgage Broker, NYS Banking Dept., (Loans arranged through third parties). "Call for Rates" means actual rates were not available at press time. All rates are quoted on a minimum FICO score of 700. Conventional loans are based on loan amounts of $165,000. Jumbo loans are based on loan amounts of $435,000. Points quoted include discount and/or origination. Lock Days: 30-60. Annual percentage rates (APRs) are based on fully indexed rates for adjustable rate mortgages (ARMs). The APR on your specific loan may differ from the samples used. Fees reflect charges relative to the APR. If your down payment is less than 20% of the home's value, you will be subject to private mortgage insurance, or PMI. Bankrate, Inc. does not guarantee the accuracy of the information appearing above or the availability of rates and fees in this table. All rates, fees and other information are subject to change without notice. Bankrate, Inc. does not own any financial institutions. Some or all of the companies appearing in this table pay a fee to appear in this table. If you are seeking a mortgage in excess of $417,000, recent legislation may enable lenders in certain locations to provide rates that are different from those shown in the table above. Sample Repayment Terms – ex. 360 monthly payments of $5.29 per $1,000 borrowed ex. 180 monthly payments of $7.95 per $1,000 borrowed. We recommend that you contact your lender directly to determine what rates may be available to you. **To appear in this table, call 800-509-4636. To report any inaccuracies, call 888-509-4636.** • http://www.interest.com?pidx=_PMMHET

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